

VIRTUAL MENTAL HEALTH AWARENESS TRAININGS

With the stress and uncertainty in the world right now, learn how you can identify the emotional needs and provide assistance to others in your community, family, or organization.

QPR (Question, Persuade, Refer), a suicide prevention training, will be offered at no cost.

REGISTER IN ADVANCE FOR OUR UPCOMING TRAININGS

Question, Persuade, Refer (QPR)

**February 12, 2024 at
6:00 PM - 8:00 PM EST**

<http://tinyurl.com/MHATQPR021224>

Question, Persuade, Refer (QPR)

**February 14, 2024 at
10:00 AM - 12:00 PM EST**

<http://tinyurl.com/MHATQPR021424>

Question, Persuade, Refer (QPR) and Adult/Youth Mental Health First Aid are also available upon request for host organizations.

Trainings and materials are provided at no cost to hosting agencies.

For more information about a training, to schedule a hosted training, or to subscribe to our calendar, please contact:

DMHAS.DTBtraining@dhs.nj.gov

**Closed Captioning is available with all trainings. If assistance is needed related to an accommodation, please email Amy.Hassa@dhs.nj.gov at least two weeks prior to the training.*